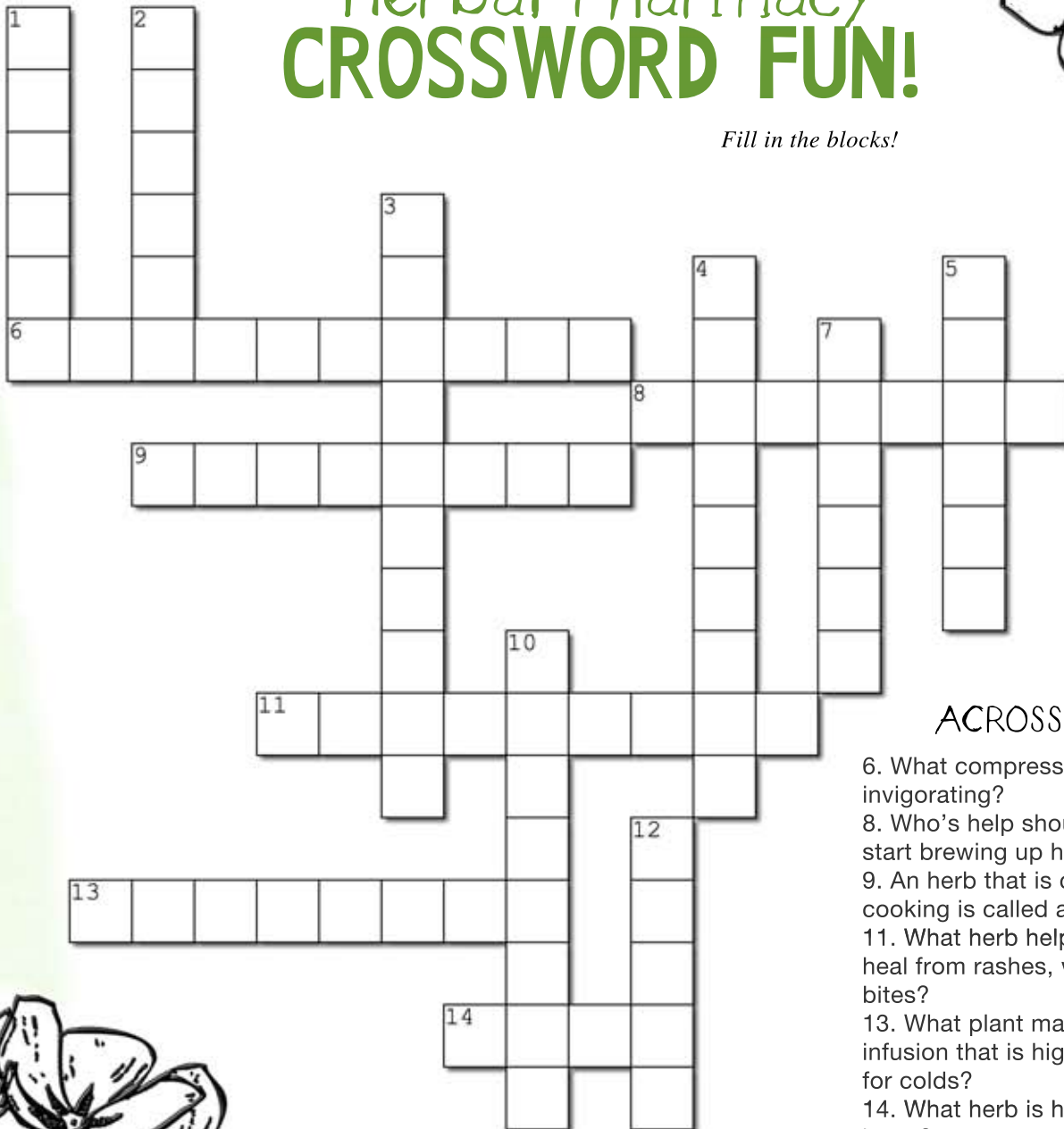


NAME \_\_\_\_\_ DATE \_\_\_\_\_



# Herbal Pharmacy CROSSWORD FUN!

*Fill in the blocks!*



## ACROSS

6. What compress is cooling and invigorating?
8. Who's help should you get before you start brewing up herbal remedies?
9. An herb that is commonly used in cooking is called a \_\_\_\_\_ herb.
11. What herb helps the skin to happily heal from rashes, wounds, burns and bug bites?
13. What plant makes a pretty red infusion that is high in vitamin C and good for colds?
14. What herb is helpful for healing a sad heart?

## DOWN

1. Lavender compresses can help you relax and fall?
2. What herb made into a compress may help to relieve a headache?
3. Which infusion has a delicious, happy lemon flavor and will help you relax when you are restless and can't get comfortable?
4. What lovely little flower helps you when you feel nervous and your tummy hurts?
5. What amazing herb is so full of good for you vitamins and minerals that it helps your whole body be healthier and stronger!
7. Something that helps to heal and soothe is called a \_\_\_\_\_.
10. An herbal preparation that is like a strong tea is called?
12. When making an infused oil what might cause it to spoil?

